



# Great Wall of China Trek 17 - 25th September 2009

The people entering have volunteered their services to help raise funds for an activity that Liz and myself are taking part in on behalf of Scope.

The activity we are taking part in is a Trek along parts of the Great Wall of China in September 2009 on behalf of Scope.

As mentioned on the front page, Scope are a charity helping people and families whose lives are affected by Cerebral Palsy. Sadly about 1800 babies a year are diagnosed with Cerebral Palsy, the effect of the disability can be as simple as a twitch or as severe as placing the sufferer in a wheel chair, Cerebral Palsy affects parts of the brain controlling muscle movement. Without the support of Scope and the Spastics Society these families would suffer without support.

The Trek we are taking part in, although seems simple, is not so. The Trek will cover some of the more serene and remote parts of the wall within China. We will be walking for 7 days between 4 and 9hrs a day covering some of the highest parts of the wall.

You can check online what the adventure is about at the following web address, [www.scope.org.uk/adventures](http://www.scope.org.uk/adventures) and look for link under Treks labelled China. We have also setup an online donations site through Just giving. The link for that is [www.justgiving.co.uk/mickmason\\_cp](http://www.justgiving.co.uk/mickmason_cp), the site is secure and is promoted by all major Charities to allow secure online donations. You can also keep track on our progress towards our ultimate target.

Please pass the details of this Sponsored event and the link to the online donations page to your friends, families and work colleagues. The more we can raise the more families will feel the benefit of your generous donations and the effort put in by the attendees.

We are also looking for more ideas and ways to raise money, we have discussions ongoing with our employers for dress down days with a fee associated to dressing down, other sponsored events, a raffle, auctions within ebay, there are many ways to raise funds. If you have any ideas please get in touch at [mick.scope@ntlworld.com](mailto:mick.scope@ntlworld.com), or text to 07950253242 and I will get in touch.

## Interesting Info

Web addresses [www.scope.org.uk/adventures](http://www.scope.org.uk/adventures)  
[www.justgiving.co.uk/mickmason\\_cp](http://www.justgiving.co.uk/mickmason_cp)

Email address [mick.scope@ntlworld.com](mailto:mick.scope@ntlworld.com)